

Enduring Guardian Contact Details

Name:

Number:

Location of Appointment of Enduring
Guardian form:

Advance Care Directive

Location of Advance Care Directive:

*Important information inside
please open*

I have Parkinson's Disease

It affects my ability to speak,
coordinate and initiate
movements.

**PARKINSON'S
PASSPORT**



Emergency Contact Details

Name:

Relationship:

Number:

General Practitioner Contact Details

Name:

Practice:

Number:

Neurologist Contact Details

Name:

Institution:

Number:

Ensure I receive my medications on time, every time
– according to my individual regime.
• It is critical that medications be given when due in
order to avoid my symptoms returning.
• If I do not receive my medications on time I may
exhibit tremor and rigidity, move slowly, become
anxious, and find it difficult to communicate.
Give me time when I am walking, talking, or eating.
• I may cough or choke while or after eating or drinking
Speak normally and be patient when I find it difficult
to make myself understood.
Parkinson's affects facial muscles and smiling can
be difficult. I may not be able to respond as you
would like me to.
Please do not push or pull me if I am finding it
difficult to move. That could result in a fall.
Ensure that I am sitting down before you give me a
drink.
Do not walk away from me if I am experiencing
difficulties.
My partner understands how Parkinson's affects me.
Please include them in communication.

How can you help me?

Important Information for Hospital Staff

How to ensure timely administration of medication for Parkinson's patients

- Permit and encourage self-medication where practical.
- Encourage patients to bring in own medication (in original packaging).
- Be aware that Parkinson's medications may be required at irregular times.
- Write up drugs immediately. Timing and dose are critical.
- Write up first dose as stat prescription.

Actions to consider when swallowing is difficult for Parkinson's patients

- Consider a Speech Pathology review.
- Consider posture and use of thickened fluids.
- Avoid crushing medications as it may change the rate of absorption.
- Discuss alternate medications with treating Neurologist or Physician.

Drugs that should be avoided in Parkinsons

- Anti-psychotics (e.g. Haloperidol)
- Prochlorperazine (Stemetil)
- Metoclopramide (Maxolon)
- Atypical anti-psychotics (e.g. Risperidone, Olanzapine). However these may be safer than typical agents.

Note:

- If an anti-emetic is required, use Domperidone (Motilium)
- If an anti-psychotic is required, use Quetiapine

Tips on communication with Parkinson's patients

- Remove distractions e.g. TV, radio, loud noises.
- Use simple phrases and closed questions.
- Encourage patient to shout if you are having difficulties hearing them

Note:

- Most people with Parkinson's will experience changes in speech, voice and swallowing at some point in their disease progression.

Medication on time, every time

Parkinson's NSW

Website: www.parkinsonsnsw.org.au **InfoLine:** 1800 644 189 **email:** pnsn@parkinsons.org.au