

# MEDICINES LIST

On time, **every** time with Parkinson's medicines

FOR PEOPLE WITH PARKINSON'S

## Information over the phone

If you have questions about your medicines, call the NPS Medicines Line on 1300 MEDICINE (1300 633 424). Call the Adverse Medicines Events Line on 1300 134 237, to report and discuss adverse reactions. Call from anywhere in Australia for the cost of a local call (calls from mobiles may cost more). Monday–Friday 9am–5pm AEST.

**NPS MedicineWise**  
[nps.org.au](http://nps.org.au)

**Parkinson's Australia**  
1800 644 189  
[parkinsons.org.au](http://parkinsons.org.au)



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## Adverse reactions

I am allergic to: .....

Other medicines that I have had a bad reaction to are listed below.

Name of medicine Active ingredient / brand name	Strength and how much	Reaction and date	Action taken (e.g. stopped or reduced dose)

## Other medicines that must be avoided

This is only a small selection — many other medicines can worsen Parkinson's symptoms or interact with Parkinson's medicines. **Check contraindications on the prescribing information carefully before starting any new medicine.**

### Antinausea medicines to avoid:

- ▶ metoclopramide (e.g. Maxolon)
- ▶ prochlorperazine (e.g. Stemetil)

The above medicines are a common cause of serious adverse effects in people with Parkinson's. Domperidone (e.g. Motilium) is usually recommended if an oral medicine is appropriate, and ondansetron (e.g. Zofran) IV if not. Note: Ondansetron is contraindicated in people taking apomorphine.

### Antipsychotic medicines to avoid:

- ▶ chlorpromazine (e.g. Largactil)
- ▶ haloperidol (e.g. Serenace)
- ▶ olanzapine (e.g. Zyprexa)
- ▶ risperidone (e.g. Risperdal).

Some antidepressants and blood pressure lowering medicines must be avoided also. Check the contraindications carefully.

The *Parkinson's Passport, Medicines List* for people with Parkinson's and *Checklist for managing my Parkinson's symptoms* are available in editable PDF format for download and print from [nps.org.au/parkinsons-passport](http://nps.org.au/parkinsons-passport) and [parkinsons.org.au](http://parkinsons.org.au). Copies can be ordered from Parkinson's Australia by phoning **1800 644 189**.

# Medicines List for people with Parkinson's

I need to have my Parkinson's medicines on time, **every** time, or my symptoms get worse

My name: .....

Emergency contact: .....

I need help taking these medicines:      Yes      No

I use a medicine aid:      Medicines organiser filled by a pharmacist (e.g. Webster-pak)      Medicines organiser I fill myself      Alarm  
Other .....

Include all your medicines on this list, not just Parkinson's medicines.

	Name of medicine Active ingredient / brand name	Strength	How much do I use and when, and special instructions?	Condition it treats	Prescribed by
Morning					
Afternoon					
Evening					

Ask your doctor to review this list with you.

GP's name: .....

GP's signature: .....

If you need more space to write your medicines, visit [nps.org.au/parkinsons-passport](https://nps.org.au/parkinsons-passport) or [parkinsons.org.au](https://parkinsons.org.au) to print more pages, or order more copies from Parkinson's Australia on 1800 644 189. Keep all your pages together.