

Here’s our phone tree. It’s easy to use, simply find the box with your name in it, and you’ll see links to other people.

1st week of the month give them a call and enjoy a natter! You can ring anyone else as well!

Support Group Phone Tree

OUR PHONE TREE

Name  
Phone

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Phone

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PTO

Some possible phone topics – positive and non - Parkinson’s?

* What have they been doing?
* Read any good books?
* What are they watching on the TV?
* Have they had any catch ups with family?

**NO advice re Covid**

Refer to federal, state and council government sites for current information:

**Australian Government**

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert/advice-for-people-at-risk-of-coronavirus-covid-19/coronavirus-covid-19-advice-for-older-people>

**NSW Government**

<https://www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/covid-19-and-vulnerable-people>