

Dear Friend,

Thank you for your enquiry. We are pleased to enclose our introductory pack, which will give you some information about Parkinson's disease and about our services. You are welcome to make use of these services.

We understand that everyone has different needs whether you received a Parkinson's diagnosis, are a partner, carer, relative or friend. You will need different services at different times. That is why we offer the following Infoline, counselling. Local support groups and Information events. All our support services are provided at no charge due to the generous donations of our fundraising community.

We offer an Infoline service between 9.00 am and 5.00 pm, Monday to Friday, staffed by qualified health professionals; we can send you information sheets about specific topics; or you can email us at infoline@parkinsonsnsw.org.au.

We also have a website with up-to-date information on Parkinson's disease, at www.parkinsonsnsw.org.au.

A network of more than 70 support groups operates throughout NSW and we can give you contact details for the support group nearest you. Support Groups welcome new members and allow you an opportunity to share your experiences. Friends and family are also welcome to attend.

Sometimes people living with Parkinson's disease their families and carers may find it helpful to talk with someone. Our counsellors are available to speak with you confidentially, either over the phone or in person. Please call 1800 644 189 to book an appointment or whenever you have a question or concern.

Yours in Parkinson's friendship,

Chief Executive Officer

