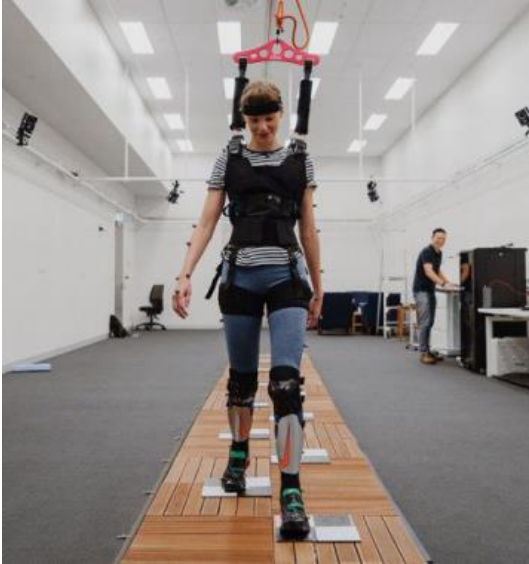


SAFE-PD

Stepping to Avoid Fall Events in People with Parkinson's Disease



The SAFE-PD study aims to investigate:

- the effects of a step training program on falls risk in people with PD

The step training program is a 12-week program involving:

- 2 sessions of slip and trips training in a safe laboratory environment
- a fun mat-based system to train your balance and cognitive functions in your home

You can help our research if you:

- have been diagnosed with Parkinson's Disease (mild to moderate stage)
- live independently in the community or retirement village
- are able to walk 30 metres unassisted
- have had less than 20 falls in the past 3 months

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www.neura.edu.au/clinical-trial/safe-pd/

Human Research Ethics Approval: HC180129



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