

Pass the Parkinson's Baton onto your GP & Health Professionals

You've been selected to join the World Parkinson's Day relay.

Early diagnosis and correct referral paths is key to give people a head start and jump the gun against Parkinson's.



The not so common facts about Parkinson's

- Research shows exercise reduces Parkinson's symptoms
- 20%** of people with Parkinson's are of working age
- Over **80,000** people with Parkinson's in Australia
- Neuropathic pain, changes in handwriting, loss of smell and poor sleep are early symptoms of Parkinson's often missed in diagnosis.



Where to Find More Information

Information sheets: parkinsonsnsw.org.au

Call the Parkinson's NSW nurses: 1800 644 189

Allied Health Education Seminars in NSW: dates and locations can be found on our Facebook page [@ParkinsonsNSW](https://www.facebook.com/ParkinsonsNSW)

Join our mailing list:
parkinsonsnsw.org.au/support-us/unite

Parkinson's Checklist for GP's

- Refer to a movement disorder neurologist
- Refer to a speech pathologist
- Refer to a physio/physiologist with Parkinson's knowledge
- Encourage them to join a local Support Group
- Call Parkinson's NSW specialist nurses for any questions. Infoline 1800 644 189.